



How can we help seniors with their mental agility and fitness?

How can we help adults continually learn and be role models for younger generations?

How can we include and respect older people so they feel in touch with their families?

How can we support older people to transition into active and comfortable retirement?

How can we foster opportunities for older people to mentor and advise younger generations?

How can we ensure adults have opportunities to do meaningful work that is financially sustainable?

How can we help ourselves stay physically and mentally fit?

How can we help young people feel stable and connected at school?

How can we offer young people qualifications and career pathways?

How can we foster a community where adults are positively supported to be great parents and carers?

How can we support and encourage young people to safely spread their wings and become confident, independent beings?

How can we nurture young people's passions so they translate into self supporting occupations?

How can we educate children around valuing and managing both skills and money?

How can we build strong connections so everyone participates and feels like they belong?

How can we help children feel part of a team and have a healthy sense of competition?

How can we support young people to build their self-esteem, independence, and positive relationships?

How can we ensure all children are loved and their basic care needs are met?

How can we help young people feel socially safe and build close friendships?

How can we help children enjoy school both academically and socially?

LEARNING AND EDUCATIONAL LIFE

HOME AND FAMILY LIFE

BUSINESS AND FINANCIAL LIFE

SOCIAL, PUBLIC AND GROUP LIFE



ENGAGEMENT

RESILIENCE

POSITIVITY

GRIT

GROWTH MINDSET

GOAL SETTING

OPTIMISM

STRENGTHS

EMOTIONAL INTELLIGENCE

EXERCISE

THE CITY OF WELLBEING PROJECT

WORKING TOGETHER TO DEFINE, MEASURE AND ACTIVELY IMPROVE WELLBEING IN MAROONDAH



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